

1. **INDIVIDUAL INVENTORY/APPRAISAL** - **GCU** gathers information from students through assessment tools like cumulative record contents, questionnaires & psychological tests for deeper self-awareness, and for guidance & counseling purposes. Data collected is kept confidential.
2. **INFORMATION** - **GCU** disseminates objective & factual information related to the personal-social, academic-educational & vocational-occupational needs of students through info-drive, seminars/trainings, DOUS website, brochures, bulletin of information, etc,...
3. **COUNSELING** - **GCU** offers a variety of counseling interventions & techniques in addressing the personal-social, academic-educational & vocational-occupational concerns of students. Counseling is learning to utilize one's strengths, limitations and resources in solving difficulties. **GCU** aims to help students in

understanding themselves better with the aid of gathered information, providing them with choices, options & alternatives towards a sound decision-making.

4. **PLACEMENT** - *GCU endeavors to assist students in their career choices and decisions by providing career counseling/coaching, job placement seminar, job fairs in coordination with other DMMMSU campuses/agencies, linkages, job referrals and recommendations, & career psychological testing.*
5. **REFERRAL** - *GCU believes in creating & building linkages to maximize assistance provided for the students. Pool of professionals outside DOUS can be tapped for further help when issues/concerns of students are not within the expertise of the guidance counselor.*

6. **FOLLOW-UP** - *GCU is interested how students are performing at DOUS, where DOUS graduates go & how they are in their current job/s, what happened to DOUS leavers and come back students; through connection & collaboration; through social media (DOUS website).*
7. **PREVENTION & WELLNESS** - *GCU promotes healthy lifestyle towards healthy well-being through seminars, info-drive, & counseling.*
8. **RESEARCH & EVALUATION** - *GCU undertakes researches & evaluation for the improvement of guidance services and as a basis for future projects.*

“DOUS-GCU strongly believes in the capacity of individual uniqueness; vital to development and learning of an individual”.



What do you need to know about the DOUS-GCU TESTING SERVICE?

What is a Psychological Test/Psychological Assessment?

- *It is the endeavor of a skilled professional (registered psychometrician/psychologist/guidance counselor) to use the techniques and tools of psychology to learn either general or specific facts about another person, either to inform others of how they function now, or to predict their behavior and functioning in the future. (MALONEY et.al, 2013)*

What are the Benefits of Psychological Tests?

1. *Assessment and evaluation of one's strengths and limitations*
2. *Placement and promotion*
3. *Homogenous groupings*

4. *Counseling and guidance*
5. *Marking purposes*
6. *Motivation*
7. *Diagnosing and remedial work*
8. *Interpreting results to the community*
9. *Improvement of employees*

(COUNSELING & PSYCHOTHERAPY, PADOLINA, SANCHEZ, 2002)

What DOUS-GCU can offer?

- *Intelligence test & Personality test (SOON!)*

Who can avail of the Testing Service?

- *Enrolled DOUS students*